

NORTHERN CALIFORNIA INDIAN DEVELOPMENT COUNCIL, INC.
WELLNESS RESOURCE LIST FOR ADULTS IN SISKIYOU COUNTY

MIND: COUNSELING

National Suicide Prevention Lifeline

1-800-273-8255
(1-800-273-TALK)

County of Siskiyou Behavioral Health Services

2060 Campus Drive

Yreka, CA 96097

(530) 841-4100 Main Office

1-800-842-8979 24-hour toll free hotline for Adult Outpatient Alcohol/Drug Abuse Services and Therapeutic Horseback Riding

1-800-452-3669 After hour toll free crisis line

(530) 841-4288 MAPS

(530) 841-4144 Day Rehabilitation (“Pathways”)

Shasta County Mental Health Services

(530) 225-5252 access to services

(530) 244-2222 24-hour helpline

County of Siskiyou District Attorney’s Office

Victim Witness

311 Fourth Street

Yreka, CA 96097

(530) 842-8229

1-888-854-2000 ext. 8229

da@co.siskiyou.ca.us

Mon-Fri 8am-5pm

County of Siskiyou Adult Protective Services

1215 South Main Street

Yreka, CA 96097

(530) 841-4200

(530) 842-7009 after hour hotline

**NORTHERN CALIFORNIA INDIAN DEVELOPMENT COUNCIL, INC.
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Siskiyou Domestic Violence and Crisis Center

118 Ranch Lane
P. O. Box 688
Yreka, CA 96097

1-800-877-842-4068 24-hour toll free hotline

(530) 842-6629 office

(530) 842-9724 fax

Mon-Fri 8 am – 5 pm

Crisis intervention and advocacy services provide emotional support to victims of domestic violence and survivors of sexual assault, including legal advocacy, counseling, information, referral and shelter

Empire Recovery Center

1237 California Street
Redding, CA 96001
(530) 243-7470

Empire Outpatient Services Facility

5014 Shasta Dam Boulevard
Shasta Lake City, CA 96019
(530) 275-1076

Residential alcohol and other drug treatment and recovery program (co-ed) based on peer oriented 12-step model and social model (no medication) detoxification services

BODY: PHYSICAL FITNESS & SYSTEMS OF CARE

United Indian Health Services

Arcata Main Office

1-800-675-3693 toll free

Karuk Tribal Health Clinic at Happy Camp

64236 Second Avenue
P. O. Box 1016
Happy Camp, CA 96039
(530) 493-5257 medical phone
(530) 493-5270 medical fax
(530) 493-2201 dental phone
(530) 493-5364 dental fax
Mon- Fri 8am -5 pm
Closed Noon-1 pm for lunch

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Karuk Tribal Health Clinic at Yreka

1519 South Oregon Street
Yreka, CA 96097
(530) 842-9200 phone
(530) 842-9217 fax
1-800-371-8080 toll free
Mon-Fri, 8am – 5 pm
Closed Noon – 1pm for lunch

Karuk Tribal Health Clinic at Orleans

39051 Highway 96
P. O. Box 282
Orleans, CA 95556
(530) 627-3452 phone
(530) 627-3445 fax
Mon-Thurs 8am – 5pm
Closed Noon-1pm for lunch
Open Friday 8am – Noon, with no provider on site

County of Siskiyou Public Health & Community Development

806 South Main Street
Yreka, CA 96097
(530) 841-2100 phone
(530) 841-4076 fax

Fairchild Medical Center

444 Bruce Street
Yreka, CA 96097
(530) 842-4121 phone
Medical transportation available

Yreka Immediate Care Clinic

534 North Main Street
Yreka, CA 96097
(530) 842-0606 phone
(530) 842-0665 fax
Mon-Thurs 9am – 5:30 pm
Walk in basis, no appointment needed

Siskiyou Family Healthcare Clinic

700 South Main Street, Suite 1
Yreka, CA 96097
(530) 842-0817

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Fairchild Medical Clinic

475 Bruce Street, Suite 500
Yreka, CA 96097
(530) 842-3507 phone
(530) 842-9412 fax

**Wee Care Crisis Pregnancy Services
Choices**

415 West Alma Street
Mount Shasta, CA 96067
(530) 926-6726
(530) 841-0287 24-hour helpline
Mon-Thurs Noon-4pm

**Health Insurance Counseling and Advocacy Program (HICAP)
Serving Siskiyou, Shasta, Lassen, Modoc and Trinity Counties**

1647 Hartnell Avenue #8
Redding, CA 96002
(530) 223-0999 phone
(530) 223-5292 fax
1-800-434-0222 toll free
8:30am to 5pm Mon-Fri
Provides free and objective information and counseling about MediCare

SPIRIT: CEREMONY, LANGUAGE & TRADITIONAL HEALING

Check with your tribe and United Indian Health Services Community Services for upcoming events

Karuk Tribe

Talking Circle @ Happy Camp & Yreka
Language classes @ Happy Camp & Yreka

COMMUNITY: ECONOMIC & EDUCATIONAL SUPPORTS

Northern California Indian Development Council

501 North Main Street
Yreka, CA 96097
(530) 842-6157 phone
(530) 842-4521 fax
Emergency assistance, employment and training services, education support

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Karuk Tribe Social Services at Happy Camp

Child and Family Services

64236 Second Avenue
Happy Camp, CA 96039
(530) 493-5151

Karuk Tribe Social Services at Yreka

Child and Family Services

1519 South Oregon Street
Yreka, CA 96097
(530) 842-9200 ext. 6300
1-800-371-8080 toll free
(530) 841-5150 fax

Karuk Tribe Social Services at Orleans

Child and Family Services

39051 Highway 96
P. O. Box 249
Orleans, CA 95556
(530) 627-3106 phone
(530) 627-3445 fax

Karuk Tribe Housing Authority at Happy Camp

635 Jacobs Way
P. O. Box 1159
Happy Camp, CA 96039
(530) 493-5434 phone
(530) 493-2485 fax
1-800-250-5811 toll free
Mon-Fri 8am-Noon & 1pm-5pm

Karuk Tribe Housing Authority at Yreka

1836 Apsuun
Yreka, CA 96097
(530) 842-1644 phone
(530) 842-1646 fax
Mon-Fri 8am-Noon & 1pm-5pm

Salvation Army

501 North Main Street
Yreka, CA 96097-2524
(530) 842-7321
Mondays only 10am-4pm

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Redwood Community Action Agency

707 Pine Street
Mount Shasta, CA 96067
(530) 926-4931
Youth and family services, weatherization and energy assistance

Great Northern Corporation

780 South Davis Avenue
P. O. Box 20
Weed, CA 96094
(530) 938-4424
Mon-Thurs 9am-4pm Closed Fridays
Provides housing assistance, Section 8, weatherization, energy crisis relief, public works technical assistance, HIV prevention, economic development loans, food programs and other resources

Siskiyou Habitat for Humanity

P. O. Box 1482
Yreka, CA 96097-1482
(530) 938-2612 phone
(530) 938-4571 fax
sisqhabitat@snowcrest.net
Programs include "A Brush with Kindness" a locally operated program serving low-income homeowners who struggle to maintain the exterior of their homes

County of Siskiyou Human Services

818 South Main Street
Yreka, CA 96097
(530) 841-2700 CalWorks
(530) 841-4200 Emergency services
(530) 841-4100 MediCal

**Siskiyou County Public Health & Community Development
Women, Infants and Children (WIC) Program**

808 South Main Street
Yreka, CA 96097
(530) 841-2170 phone
1-800-442-2333 toll free
WIC is a temporary assistance program for pregnant and breast-feeding women, infants and children up to five years of age, who have special nutritional needs. WIC provides nutrition education to help improve eating habits, and dispenses supplemental food vouchers to buy specific foods important for good health. Childhood immunizations are also available at most WIC clinics, in addition to breastfeeding education and support. WIC clinics are held monthly (continued)

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throughout Siskiyou County in the cities of Dorris, Fort Jones, Happy Camp, Mount Shasta, Tulelake, Weed and Yreka. A schedule is available online: <http://www.co.siskiyou.ca.us/phs/pershealth/wicclinic.aspx> or by phoning the number above

Karuk Tribe Senior Center at Orleans

39051 Highway 96
P. O. Box 282
Orleans, CA 95556
(530) 627-3056 phone
(530) 627-3058 fax

Madrone Senior Services

Yreka Senior Center

810 North Oregon Street
Yreka, CA 96097
(530) 841-2365 center phone
(530) 841-2339 center fax
(530) 842-3160 hospice services
Services for seniors, including home delivered meals, transportation for people 60 years of age and older and hospice services
8am to 4:30pm Mon-Fri

Mount Shasta Senior Center

Senior Nutrition Project

1315 Nixon Road
Mount Shasta, CA 96067
(530) 926-4611
Transportation available to and from the lunch site

Veterans Services

1710 Fairlane Road physical address
305 Butte Street mailing address
Yreka, CA 96097
530-842-8010
Mon-Thurs 8am-Noon & 1-5pm

Siskiyou County Office of Emergency Services

311 Lane Street
Yreka, CA 96097
(530) 842-8320 phone
(530) 842-8378 fax
For disaster preparedness and coordination

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Siskiyou Training and Employment Program (STEP)

818 South Main Street

Yreka, CA 96097

1-800-696-7837 toll free

(530) 842-7329 phone

(530) 842-5883 fax

Mon-Fri 8:30am – 5pm, closed Noon-1pm for lunch

Employment information and services for youth and adults

Greenhorn Grange

300 Ranch Lane

Yreka, CA 96097

(530) 841-0622

Mon/Thurs 3:30pm-5pm

Hot meals served

MEAL CENTERS

Greenview Senior Nutrition - 468-2904

Karuk Tribal Nutrition Center (Happy Camp) - 493-2508

Loaves & Fishes (Etna) - 467-3612

Mt Shasta Senior Center (Mt Shasta) - 926-4611

Scott Valley Senior Lunch Program - 468-5321

St. Barnabas Episcopal Church (Mt Shasta) - 926-5326

St. Joseph Catholic Church (Yreka) - 842-3842

St. Vincent DePaul Society (Mt Shasta) - 926-3366

Senior Nutrition Site (Tulelake) - 667-4665

Yreka Senior Center (Mon thru Fri) - 841-2365

Yreka United Methodist Church - 842-4291

FOOD PANTRIES

Cecilville Fire & Rescue - 462-4695

Dunsmuir Resource Center - 235-4005

Great Northern - 938-4115

Happy Camp Resource Center - 493-5117

New Life Thrift Shop (Edgewood, Gazelle, Lake Shastina, Weed) - 938-2699

Salmon River & Scott Valley - 468-5321

Scott Valley Emergency Pantry - 926-4611

Tule Lake Senior Center (Bray, Dorris, Tenant) - 667-3500

Weed Police Department (Edgewood/Gazelle/Lake Shastina)- 938-5000

Yreka Food Ministry - 841-4376

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MEALS ON WHEELS

Greenview - 468-2904

Happy Camp - 493-2508

Loaves & Fishes (Etna) - 467-3612

Mt. Shasta, Weed, Dunsmuir - 926-4611

Tulelake - 233-4438

Yreka - 841-2365